

PLEASE EAT
BEFORE YOU
COME IN.

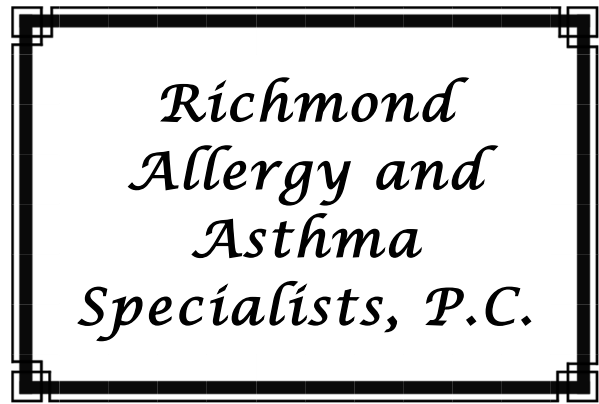
The following medications
may be continued:

- Antibiotics
- Birth Control Pills
- Cardiac (Heart) Medications
- Diabetic Medications
- Hormones
- Prescription Sedatives
- Seizure Medications
- Thyroid Medications
- Blood Pressure Medications

List Usual Medications
(including Vitamins and Herbal)

Name, Dosage, and Frequency

- _____
- _____
- _____
- _____
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Name _____

Appt. Date: _____

***Important Information
Regarding your
Current Medications
and your Appointment***

Some medications may interfere with allergy testing. Review the medications inside at least **ONE WEEK BEFORE** your visit.

Call if you have any questions about your medications.

****Check with your prescribing physician before stopping any medications.**

****Read package ingredients of any over the counter cold/ flu/ sinus and sleep medications.**

Discontinue **one week** before appointment or as soon as possible if less than 1 week:

Acrivastine	Dymista
Advil PM	Elavil
Alavert & Alavert D	Excedrin PM
Allegra & Allegra D	Fexofenadine
Amitriptyline	Hydroxyzine
Antivert	Ipratropium
Astelin	Levocetirizine
Astepro	Loratadine
Atarax	Meclizine
Atrovent	Mirtazapine
Azelastine	Mucinex Allergy
Bonine	Nyquil
Bromfed	Olopatadine
Brompheniramine	Patanase
Carbinoxamine	Periactin
Cetirizine	Phenergan
Chlorpheniramine	Phenyltoloxamine
Chlortrimeton	Promethazine
Clarinet	Remeron
Claritin & Claritin D	Semprex
Clemastine	Simply Sleep
Cyproheptadine	Triaminic
Desloratadine	Tylenol PM
Dimenhydrinate	Unisom
Dimetapp	Vistaril
Doxepin	Xyzal
Doxylamine	Zyrtec & Zyrtec D
Dramamine	Zzzquil

Vitamins, Herbal Medicines & Homeopathic Medicines

Discontinue **3-5 days** before appointment or as soon as possible if less than 5 days:

BENADRYL / DIPHENHYDRAMINE

(Stomach Medications)

Cimetidine	Pepcid
Famotidine	Ranitidine
Metoclopramide	Zantac
Nizatidine	

Do not use **the day of** the appointment

(Anti-Inflammatory/Pain Medication)

Acetaminophen	Celecoxib	Ketoprofen
Advil	Excedrin	Midrin
Aleve	Fioricet	Motrin
Aspirin	Ibuprofen	Nabumetone
Butalbital	Indocin	Naproxen
Celebrex	Indomethacin	Tylenol

(Nasal Sprays)

Beclomethasone	Flunisolide	Omnaris
Budesonide	Fluticasone	Qnasl
Cromolyn	Mometasone	Rhinocort
Flonase	Nasacort	Triamcinolone
Flonase-Sensimist	Nasonex	Zetonna

(Eye Drops)

Acular	Emadine	Optivar
Alaway	Epinastine	Pataday
Alocril	Ketorolac	Patanol
Alomide	Ketotifen	Zaditor
Azelastine	Lastacaft	Zyrtec
Bepreve	Naphcon	
Claritin	Olopatadine	
Elestat	Opcon	

*Topical Steroids,
Cortisone Creams & Ointments*

Do not use **the day of** the appointment

ASTHMA MEDICATIONS:

(Inhaled Steroids)

Advair	Asmanex	Pulmicort
Breo	Dulera	Symbicort
Alvesco	Flovent	QVAR

(Inhaled Bronchodilators)

Albuterol	ProAir
Atrovent	Proventil
Combivent	Spiriva
DuoNeb	Ventolin
Ipratropium	Xopenex
Levalbuterol	

(Oral Bronchodilators)

Albuterol	Ventolin
Terbutaline	Vospire ER

(Oral Steroids)

Medrol	Prednisolone
Methylprednisolone	Prednisone
Orapred	Prelone
Pediapred	

(Oral Theophylline)

Theo-24	Uniphyl
Theo-Dur	

(Leukotriene Modifiers)

Accolate	Zafirlukast
Montelukast	Zyflo
Singulair	