

Richmond Allergy and Asthma Specialists, P.C.

Checklist for your Appointment Day

- READ MEDICATION FORM IMMEDIATELY.** You may need to discontinue your medications up to 1 week in advance. Remember to list all of your current medications on the back panel.
- Plan to spend most of the day at the office, new patient appointments typically last about 4-6 hours.**
- Driver's license or picture identification (for verification purposes).
- Insurance card.
- Insurance referral, if applicable.
- Copies of previous allergy skin test results, and any related lab or X-ray reports, if applicable.
- Completed financial policy (read and signed).
- Review your insurance benefits &/or limitations, sign & date the "Reminder" form.
- Appointment card.
- Map for directions.
- Co-pay, if applicable.
- Name, address and phone number of referring physician, if applicable.
- Do not put on any scented lotions, perfumes, or colognes.
- Eat your regular breakfast the morning of the appointment.